



MUKAND LAL PUBLIC SCHOOL, SARAJINI COLONY YNR

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Holidays Home Work

Class: XI

Session (2023-24)



Some Tips to make holidays special

- ❖ **APPRECIATE NATURE** - GO FOR LONG WALKS IN A PARK OR GARDEN WITH YOUR FAMILY AND FRIENDS. GROW A PLANT AND NURTURE IT.
- ❖ **UNRAVEL THE ARTIST IN YOU** - CREATE A NEW STORY, TRY A NEW RECIPE WITH YOUR MOM, LEARN A NEW SONG, PLAY A NEW INSTRUMENT.
- ❖ **GOOD MANNERS ARE THE KEY**- RESPECT YOUR PARENT, GRANDPARENTS AND ALL ELDERS.
- ❖ **USE THREE MAGICAL WORDS** (SORRY, PLEASE AND THANK YOU) OFTEN. 'A LITTLE MORE COURTESY GOES A LONG WAY.'
- ❖ **STAY FIT, STAY HEALTHY** - PLAY YOUR FAVORITE GAME/ SPORT REGULARLY.
- ❖ DEVELOP IN YOURSELF THE SPIRIT OF SPORTSMANSHIP & SENSE OF HEALTHY COMPETITION.
- ❖ **LEARN ABOUT OUR HERITAGE** – FIND SOME TIME TO VISIT MUSEUM AND MONUMENTS. READ ABOUT THEM.
- ❖ LEARN NEW THINGS RELATED TO YOUR COUNTRY.
- ❖ **SAVE NATURE** – CONTRIBUTE TO SAVE OUR PRECIOUS ENVIRONMENT. MINIMIZE THE WASTAGE OF RESOURCES LIKE WATER AND FUEL.

5 GENDER
EQUALITY



Gender equality, also known as sexual equality or equality of the sexes, is the state of equal ease of access to resources and opportunities regardless of gender, including economic participation and decision-making; and the state of valuing different behaviours, aspirations and needs equally, regardless of gender.

English

1. Make toys using eco friendly products and prepare a short play on GENDER EQUALITY (Roll 1-10)
2. Make wind chimes using eco friendly material showcasing ways to promote gender equality.(Roll no. 11-20)
3. Collect data from all over India and based on that write an analytical paragraph showcasing the reality of Gender Equality in India.(Roll No. 21-30)
4. Arrange an online meeting with your partners and conduct an online open house on Gender Equality. Record it and present its summary in written form as well (Roll No. 31-40)

Psychology

(A) Using any method of psychological enquiry make a project file on any one topic:

Roll no 1 to 7 : Are women better than men or are they equal?

Roll no 8 to 14 : Role of media in breaking sex roles stereotypes.

Roll no 15 to 21 : Peace and gender equality are connected.

Roll no 22 to 28: Are school uniforms the cause of gender inequality

Or

Should domestic role be equally distributed between men and women.

(B) Make 3-D models on any one topic

Roll no 1 to 7

1. Branches of psychology
2. Psychology and other discipline
- 3 Human brain
4. Biopsychosocial model

Roll no 7 to 14

- 1.Model related to effect of smart phones on mental health
- 2.Human eye
- 3.Principle of perceptual organisation
- 4.Various stages of development

Roll no 15 to 21

- 1.Positive quotes
- 2.Model related to classical conditioning
- 3.Stages of skill learning
4. Motivational quotes

Roll no 22 to 28

- 1 Maslow hierarchy of needs
2. Various theories of emotion
3. Positive related to benefits of counselling
- 4 . Models showing gender equality

Guidelines for the project file

- 1 Cover page
- 2 Acknowledgment
- 3 Index
- 4 Introduction of the project
- 5 Objective or purpose of the project
- 6 Questionnaire
- 7 Conclusion

History

- Conduct a survey on the Rights of Women in different types of societies .
Make album using related pictures.
- Make a calendar on the Women who fought for Women's Equality.

Maths

- Group 1 : Roll no. (1-6) : - Make a project report and Working model on relations and functions.
- Group 2 : Roll no. (7-12) :- Make a project report and Working model on Trigonometric / Inverse Trigonometric functions.
- Group 3 : Roll no.(13-18):- Make a project report and Working model on Conic sections.
- Group 4 : Roll no.(19-25): - Make a project report and Working model on Probability.
- Group 5 : Roll no. (25-29) :- Make a project report and Working model on Pascal Triangle.
- Group 6 : Roll no.(30-34) :- Make a project report and Working model on Three dimensional Geometry.

Physical Education

Topics for Project

1. Logo of yoga in the form of poster
2. Design yoga poses by using leaves
3. Make a 3D model showing human respiratory system.
4. Make a 3D model showing human circulatory system .
5. Find the body mass index of your family members by applying the formula.
6. Make cards showing different types of bones injuries

Practical:

- Make a model of Volleyball court with net, antenna and complete dimension.
(Roll no: 1-5)
- Make a model of Football Ground with players and complete dimension.
(Roll no: 6-10)
- Make a model of surya namaskar.
(Roll no: 11-15)
- Make a model of Badminton court with players and complete dimension.
(Roll no: 16-20)
- Make a model of Basketball court with players and complete dimension.
(Roll no: 21-25)
- Make a model of Cricket Ground with players and complete dimension.
(Rest of students)

Political Science

- Write answers of the questions given at the end of the following chapters:
 1. Constitution: Why and How?
 2. Legislature
 3. Election and Representation
- Make charts as per the allotment to groups.